

Ackton Pastures Primary Academy

College Grove,
Castleford,
West Yorkshire
WF10 5NS
Telephone: 01977 802322
Email: ap-enquiries@inspirepartnership.org.uk



Headteacher: Mrs K. Mason
Chair of Governors: Mrs H. Causier
Safeguarding Officers: Mrs K. Mason
Miss H. Bartle
Miss C. Woodhouse
Mrs D. White

'Children at the heart; Inspiring futures'

Friday 10th October

Dear Parents and Carers,

World Mental Health Day

Today was World Mental Health day, we spent the morning thinking about our mental health in our ONE LIFE session. ONE LIFE has been designed to develop physical, social and mental fitness in children. Our young people are growing up in an increasingly challenging world and now, more than ever, we need to ensure that they know how to build their physical, mental and social fitness, so that they can live their 'ONE LIFE' well.

There are two elements to the programme:

1. A daily Morning Routine which takes place as soon as the children arrive on a morning (we have started this already)
2. A weekly lesson that focuses upon different aspects of physical, social and emotional fitness.

Autumn Treasures

We would love some Autumn Treasures for our mud kitchen - if you go on any walks over the weekend any conkers, acorns, leaves, etc would be very much appreciated. Please hand them to your child's class teacher and say that they are for Miss Bartle's playground mud kitchen.

Mrs Walker would like some Wood

In another request, Mrs Walker in our Nursery is looking for any off cuts of wood, planks, cable reels (wooden ones) etc to be used in our outdoor area. Mrs Walker is around at the beginning and the end of the day in the nursery outdoor area if you would like more information.

Dates for your Diary

Monday 20th October	School Photographs
Monday 20th October and Tuesday 21st October	Family Consultations 3:30pm-6pm
Wednesday 22nd October	Reception showcase for parents/ carers (in class, PM) See dojo for more information
Thursday 23rd October	Nursery Pumpkin Event 2:30-3:30pm
Friday 24th October	UKS2 Eden Camp Trip
Friday 24th October	Break up for Half Term

The Headteacher is the designated person for all child protection issues

Monday 3rd November	Inset Day
Tuesday 4rd November	Return to School
Monday 17th November	New to school open evening 4pm
Tuesday 18th November	SEND Coffee Morning 9.00am (By invitation from Miss Brown only).

Attendance this week	
Reception – Miss Ayling	94%
Reception – Mr Smith	97%
Year 1 – Miss Wilson	96%
Year 1/2 – Miss Binns	★ 100% ★
Year 2 – Mrs Turfrey	96%
Year 3 – Miss Blakeway	94%
Year 3/4 - Miss Gibbons	94%
Year 4 – Miss Holding	98%
Year 5 – Mrs Longoni	99%
Year 5/6 – Miss Lynch	96%
Year 6 – Miss Woodhouse	93%

Have a lovely weekend!

Miss Bartle
Acting Headteacher

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ONE LIFE

PHYSICAL FITNESS | SOCIAL FITNESS | MENTAL FITNESS

Our Morning Routine explained:



Safe Touch:
Each morning children choose a safe touch to meet and greet their teacher (high five, hand shake or hug) and this is proven to help children feel valued, create a sense of belonging as well as releasing oxytocin, the loving hormone.



Thought Splat/Journaling:
After we have taken the register, we all complete a thought splat in our journals which helps us to write down any thoughts that might be stopping us from being present and our best selves. We want children to know that ‘we are not our thoughts’ and that not all thoughts are facts. Our minds are powerful and we must choose to pay attention to the positives thoughts because our thoughts affect our emotions which affects how we behave and ‘show up’ in our lives. We tick and cross our thoughts so we can make space to learn !



Mindful Minute:
Once we have cleared some space in our busy minds, we then pay attention to our bodies and think about our nervous system. We are teaching the children that we have two main ‘modes’ and we want our children to be in parasympathetic mode which means calm, regulated and when we preserve energy to concentrate and learn. We can’t learn when we are in state of high alert (fight, flight or freeze) so we practise breath work to ensure that our nervous system is calm.



Affirmations:
Once the children are calm, we set our intentions for the day. We choose positive I am statements so our minds are being filled with goodness. I am loved. I am safe. I am enough. We are what we think!



Wise Words:
We end our morning routine with some wise words which help us to grow personally and reflect on inspiring quotes and messages. We want to feed our children with goodness so they know better, so they can do better in their ONE LIFE!

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Attendance Matters

Arrive on Time



Every school day counts, arriving a few minutes late a day can mean days of learning is lost over the school year. It is very important that your child is on time for school.

5 minutes late per day
=
3 days of learning lost in a year

10 minutes late per day
=
6.5 days of learning lost in a year

15 minutes late per day
=
10 days of learning lost in a year

20 minutes late per day
=
13 days of learning lost in a year

30 minutes late per day
=
19 days of learning lost in a year

L code = Late arrival after classroom doors close at 9am

U code = Late arrival after registers close at 9.10am (Unauthorised absence)

An accumulation of 10 U codes over a 10 week period can result in a Fixed Penalty Notice from the Local Authority for Irregular Attendance

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www.wakefield.gov.uk

wakefieldcouncil
Children and Young People

PENALTY NOTICE FINES FOR SCHOOL ATTENDANCE ARE CHANGING!

With the introduction of the New National Framework for Penalty Notices, the following changes will come into force on 19th August 2024.

PENALTY NOTICES WILL BE ISSUED FOR

Term time leave: Penalty Notice Fines will be issued for Term Time Leave of 5 or more consecutive days

10 sessions of unauthorised absence in a 10 week period: A Penalty Notice may be considered/issued when a pupil has had 10 sessions of unauthorised absence in a 10 week* period.

*School Week's

PER PARENT/PER CHILD

Penalty Notice Fines will continue to be issued per parent per child.

For example: 3 Siblings absent for term time leave, would result in each parent receiving 3 separate fines.

FIRST OFFENCE

The first time a Penalty Notice is issued for a Term Time Holiday or Irregular School Attendance the Penalty Notice will be charged at:

£160 per parent, per child if paid within 28 days of issue, reducing to £80 if paid within 21 days**.

SECOND OFFENCE (within 3 years of the First Offence)

Where it is deemed appropriate to issue a second Penalty Notice to the same parent for the same pupil within 3 years of the first notice, the second Penalty Notice will be charged at:

£160 if paid within 28 days (no reduced fee for paying early).

(**Unpaid Penalty Notice's after 28 days may result in a parental prosecution)

THIRD OFFENCE (within 3 years of the First Offence)

On the third time that an offence is committed for either a Term Time Holiday and / or Irregular Attendance a Penalty Notice will not be issued, the case may proceed straight to Parental Prosecution under the Single Justice Procedure. If found guilty of the offence of 'Failure to send a child to school' the Magistrates can impose a fine up to £1000.

